

# Homemade Dog Food That Works

Maria K.

## Appendix 1. 30-Day Homemade Dog Meal Plan

Week / Day	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Week 1	Slow Cooker Chicken and Rice Stew	Slow Cooker Chicken and Rice Stew	Turkey and Oatmeal Porridge	Turkey and Oatmeal Porridge	Beef Meatballs and Zucchini Noodles	Beef Meatballs and Zucchini Noodles	White Fish and Vegetable Lasagna
Week 2	White Fish and Vegetable Lasagna	Chicken Liver and Quinoa Power Meal	Baked Turkey and Vegetable Ragù	Baked Turkey and Vegetable Ragù	Ground Beef with Quinoa-Pear Salad	Ground Beef with Quinoa-Pear Salad	Sardines, Scrambled Eggs and Sweet Potato Purée
Week 3	Chicken and Oatmeal Comfort Bowl	Chicken and Oatmeal Comfort Bowl	Turkey and Quinoa Meatloaf	Turkey and Quinoa Meatloaf	Beef and Rice Pie with Mango Bites	Beef and Rice Pie with Mango Bites	Slow Cooker Chicken and Rice Stew
Week 4	Chicken and Buckwheat Garden Mix	Chicken and Buckwheat Garden Mix	Turkey Shanks with Bulgur and Vegetables	Turkey Shanks with Bulgur and Vegetables	Beef and Broccoli Dog Goulish	Beef and Broccoli Dog Goulish	Salmon Pâté, Rice Pie and Fruit Salad